

Going to Tee Side Chalet

*A Social Narrative created by Tee Side Chalet
In collaboration with St. Andrew's Autism Centre*



**ST. ANDREW'S
AUTISM CENTRE**

ABOUT THIS GUIDE

Some of us find it helpful to know what to expect before visiting a new place.

A social narrative offers a clear, step-by-step preview to help make an unfamiliar experience more familiar.

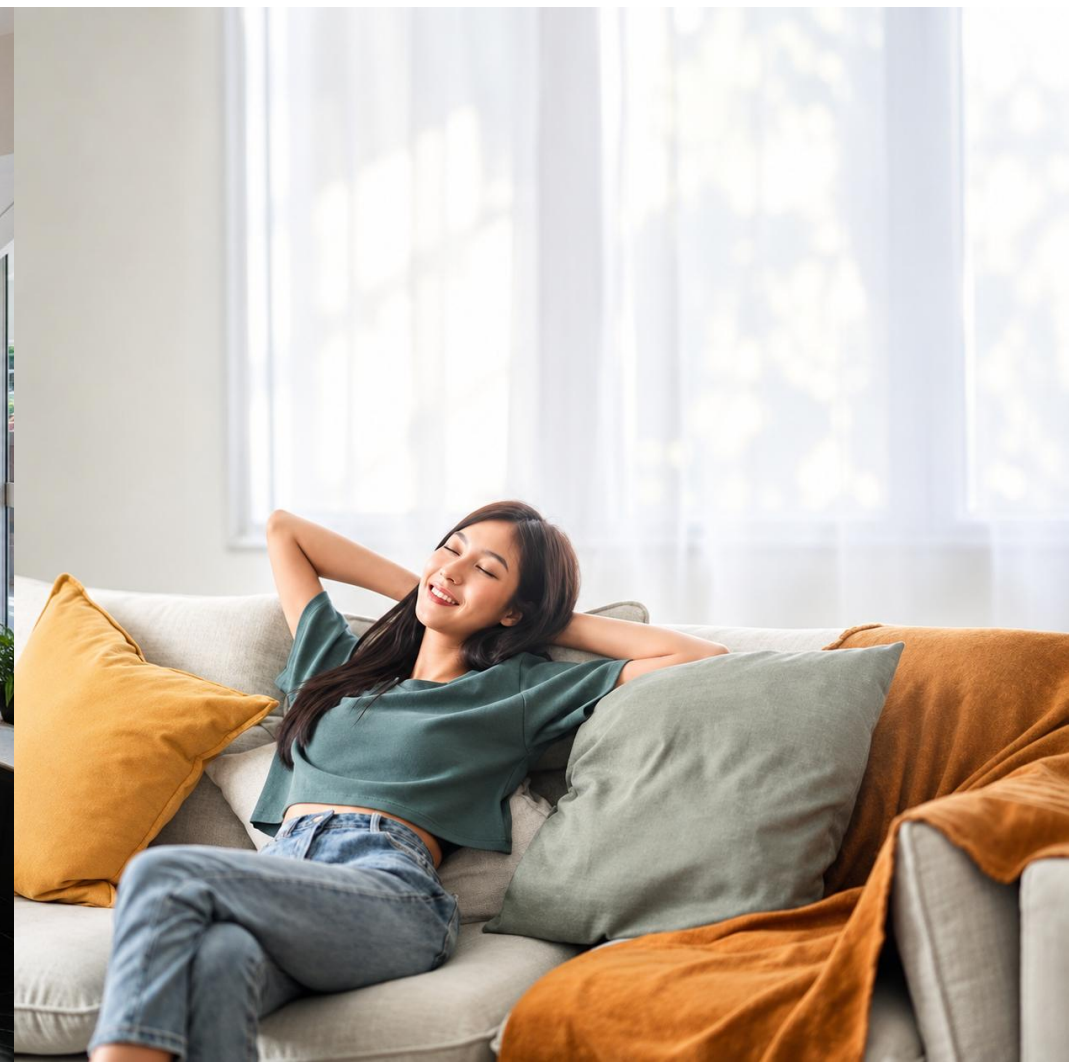
This story introduces what a stay at Tee Side Chalet is like. You can read it independently or with a caregiver, family member or friend before your visit.



Getting to the chalet



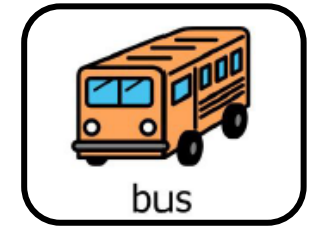
Tee Side Chalet is a **happy** place to stay.
I can relax, play and have fun.



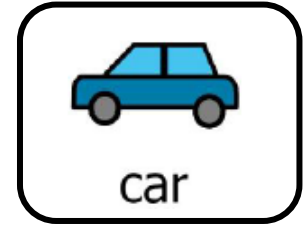
I like **visiting** Tee Side Chalet together with my **family**.



If I take the **bus** to Tee Side Chalet, I will arrive at this bus stop.

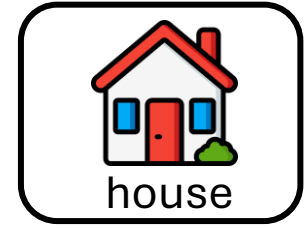


If I take the **car** to Tee Side Chalet, I will arrive at this entrance.



My family will go to our **house**.

Each door has a keypad. My parent will type in a specific set of numbers (PIN) to open the door.



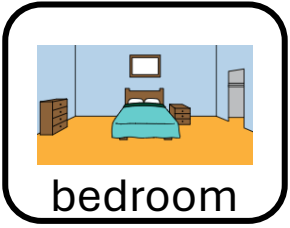
After checking that the house is **okay**, we can settle in and get comfortable.



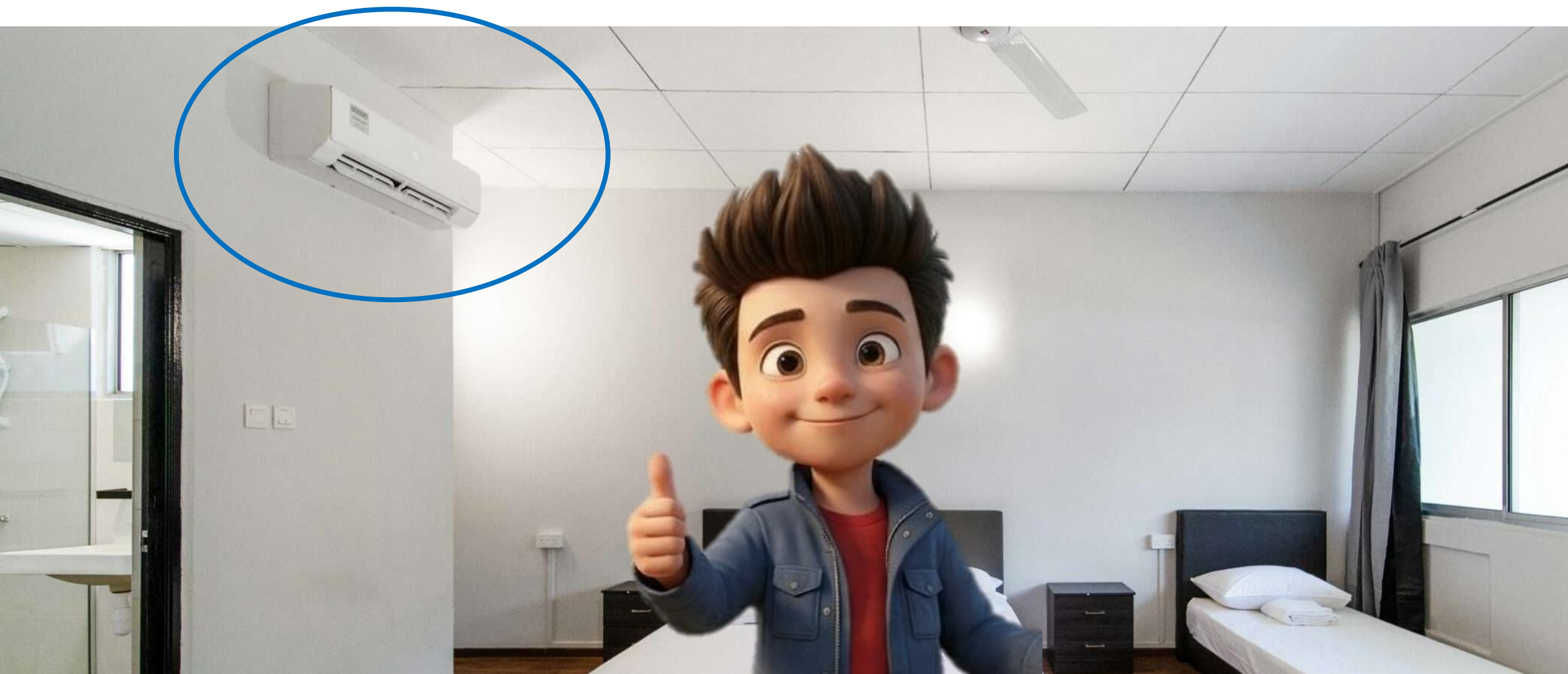
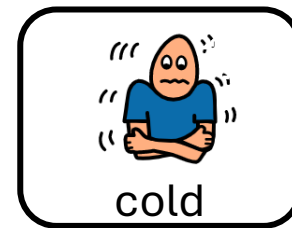


Where I will stay

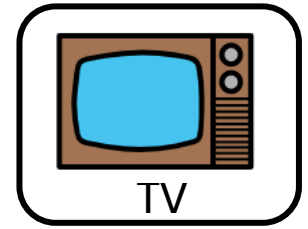
I will stay in a house with my family. There are four **bedrooms** and three **bathrooms**. I can **rest** in these bedrooms.



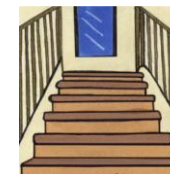
There is air-conditioning in the house. I can bring a jacket to wear in case I get cold.



In the living room, I can watch **TV**.



There is a **staircase** in the bungalow. I will need to walk **carefully** when I am on the stairs.



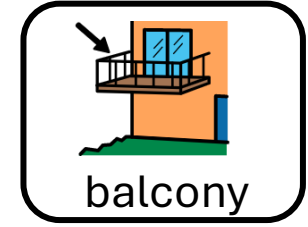
stairs



carefully



There is a **balcony** where I can look outside. If I want to go there, I should ask my parent first.



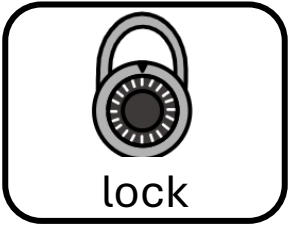
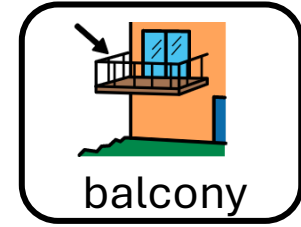
Mum, Dad, can I go
to the balcony
please?

If they say 'no', I can still stay indoors and look out the windows.

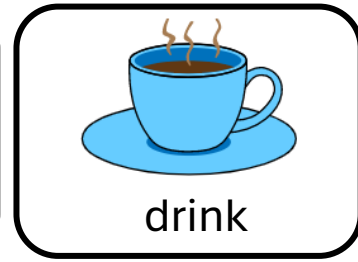
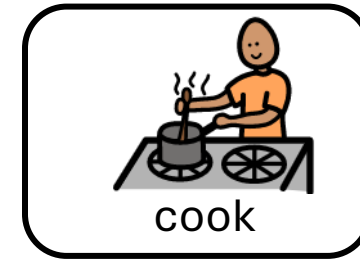
If they say 'yes', I can open the door to the balcony. There, I need to be careful. I can stand **one arm's length** away from the railing to be **safe**.



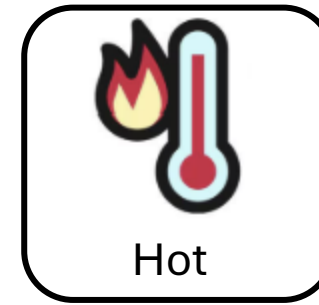
Sometimes the **balcony** door is **locked**, and that is okay. I can ask my parent for help.



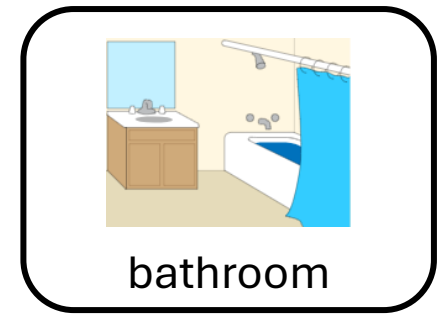
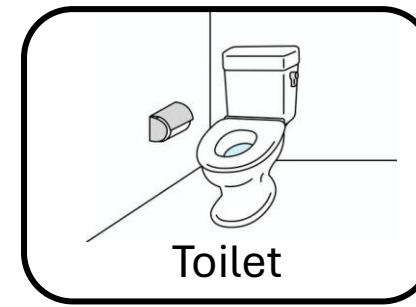
There is a kitchen. I can ask my parent if I can **cook** instant noodles or make a **drink**.



When in use, the **kettle** and other items in the kitchen can be **hot**, so I must **not touch** it.



If I need to use the **toilet**, I can follow the toilet and **bathroom** sign to use it.



There are red **fire extinguishers** on the walls. It is for emergencies, so I will **not touch** it.



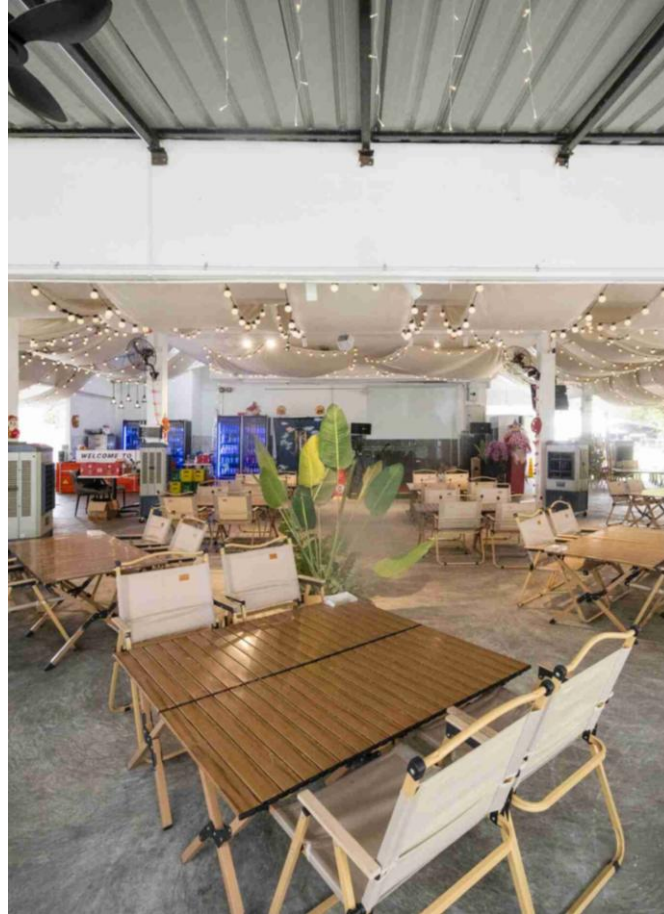


Things to do

There are lots of places to visit and different activities I can do!
I can **go to** the... pickleball courts, prawning pond, or restaurant.



Pickleball Courts

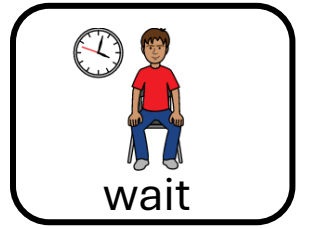
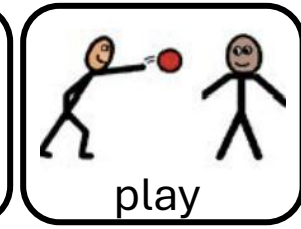
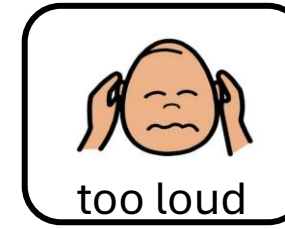


Restaurant



Prawning Pond

I can **play** or watch others play pickleball. It may be **loud** when the ball hits the paddle.
If there are other people playing at the court when I get there, I can **wait** for my turn.



At the pond, I can catch **prawns** using a **fishing rod**. I will hold a rod and **wait**. Waiting can take a while, and that is okay.



prawn



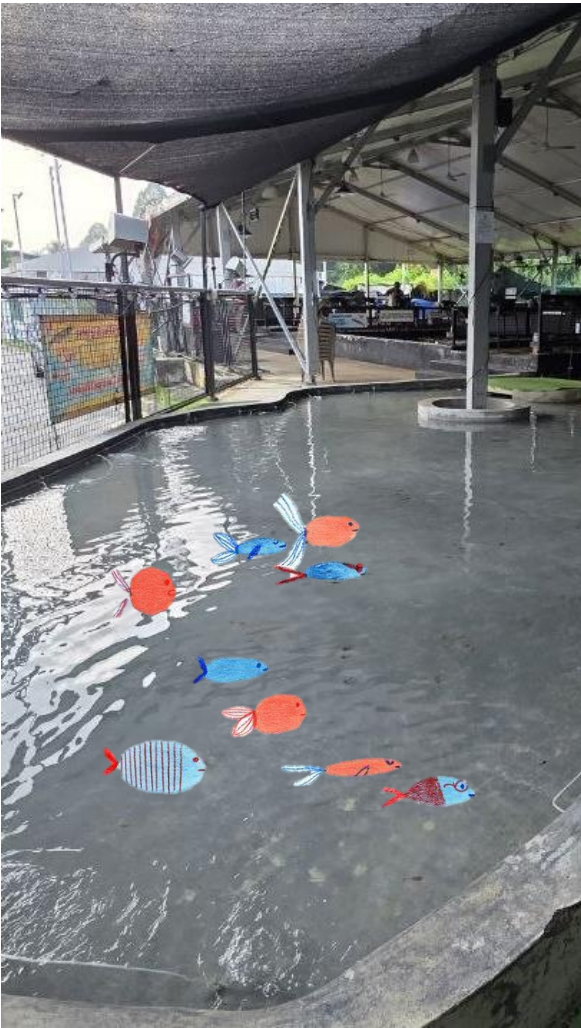
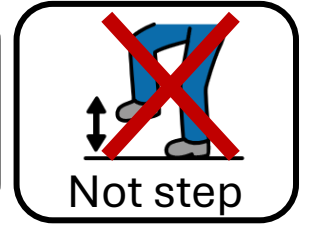
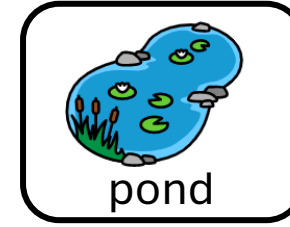
Fishing rod



wait



There are many fishing **ponds** at the chalet with fishes and prawns. I will sit on the chairs provided and drop the fishing line into the pond. I will **not step** inside the ponds.



One of the places I **cannot go to** is the **playground**.
It is not safe there. But, I can go to all the other other
fun places!



There will be other **people** at the chalet. It is good to **stay close** to my family.



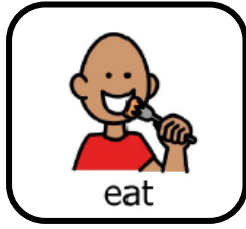
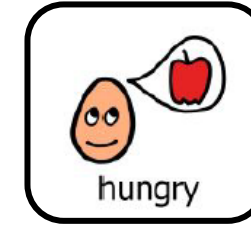
If it is too **crowded**, I can go to a quieter space to rest.





Looking after myself

When I am **hungry**, I can **buy** food to **eat** at the restaurant. To do so, I need some money.



It can be **hot** outside my house. If it is too hot, I can **rest** in my house.



hot



rest



If the air is **hazy** and I don't like the smell, or if I feel uncomfortable, I can **rest** in my house to get away from the haze.



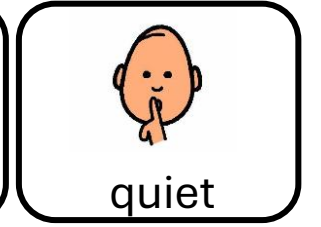
haze



rest



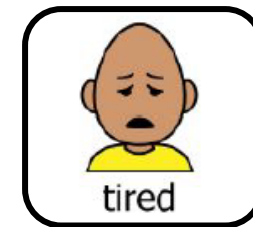
If it is too **loud**, **bright** or **busy**, I can tell my parent. We can go to a **quiet** place to take a break.



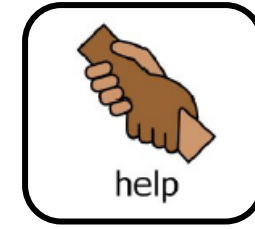
I will bring a **water bottle** so I can **drink** when I am thirsty. I can also bring a **cap** or **umbrella** for the sun and rain.



When I am **tired**, I can **rest** in my room or in the living room.



If I need **help**, I can **ask** my parent. My parent can call or message Tee Side Chalet if we need help.



I can take photos of the things **I like**.



I like



I will have a **good time**! After I enjoy my stay, it is time to check out and **go home**.

